

## **WHAT IS BED WETTING (ENURESIS)?**

Bedwetting, or nocturnal enuresis, refers to the unintentional passage of urine during sleep. Enuresis is the medical term for wetting, whether in the clothing during the day or in bed at night. Another name for enuresis is urinary incontinence. For infants and young children, urination is involuntary.

## **CAUSE OF BED WETTING ENURESIS**

Any of these medical issues can also cause bedwetting in adults: diabetes, urinary tract infection, urinary tract stones, neurological disorders, anatomical abnormalities, urinary tract calculi, prostate cancer, prostate enlargement, bladder cancer, or obstructive sleep apnea.

## **SYMPTOMS OF BED WETTING ENURESIS**

- Small bladder size.
- Urinary tract infection (UTI)
- Stress, fear, or insecurity.
- Neurological disorders, such as being post-stroke.
- Prostate gland enlargement.
- Sleep apnea, or abnormal pauses in breathing during sleep.
- Constipation.

## **NEUROTHERAPY TREATMENT**

**First treatment**      (3) Necklace  
                                 (6)    Wd  
                                 Triangle for urine

**Second treatment**    Water + newgal formula